

100

Must-Read

Personal Development Books

Habits & Daily Routines

1.	Atomic Habits – James Clear
2.	The 7 Habits of Highly Effective People – Stephen R. Covey
3.	The 8th Habit – Stephen R. Covey
4.	Tiny Habits – BJ Fogg
5.	The Slight Edge – Jeff Olson
6.	Habit Stacking – S.J. Scott
7.	Better Than Before – Gretchen Rubin
8.	The Happiness Project – Gretchen Rubin
9.	Make Your Bed – Admiral William H. McRaven
10.	The Miracle Morning – Hal Elrod



100 Must-Read Personal Development Books

Productivity & Focus

11. The 5 Second Rule – Mel Robbins
12. The 5 AM Club – Robin Sharma
13. The Monk Who Sold His Ferrari – Robin Sharma
14. The Everyday Hero Manifesto – Robin Sharma
15. Getting Things Done – David Allen
16. Essentialism – Greg McKeown
17. The One Thing – Gary Keller & Jay Papasan
18. Eat That Frog! – Brian Tracy
19. Deep Work – Cal Newport
20. Digital Minimalism – Cal Newport
21. Hyperfocus – Chris Bailey
22. The Productivity Project – Chris Bailey
23. Smarter Faster Better – Charles Duhigg

Money, Wealth & Personal Finance

24. I Will Teach You to Be Rich – Ramit Sethi
25. Financial Feminist – Tori Dunlap
26. Smart Women Finish Rich – David Bach
27. The Latte Factor – David Bach
28. The Psychology of Money – Morgan Housel
29. Your Money or Your Life – Vicki Robin
30. The Simple Path to Wealth – J.L. Collins
31. Broke Millennial – Erin Lowry
32. You Are a Badass at Making Money – Jen Sincero
33. We Should All Be Millionaires – Rachel Rodgers
34. High Performance Habits – Brendon Burchard

100 Must-Read Personal Development Books

Confidence, Self-Worth & Happiness

35. Girl, Wash Your Face – Rachel Hollis
36. Girl, Stop Apologizing – Rachel Hollis
37. Year of Yes – Shonda Rhimes
38. Everything Is Figureoutable – Marie Forleo
39. The Confidence Code – Katty Kay & Claire Shipman
40. Presence – Amy Cuddy
41. Self-Compassion – Kristin Neff
42. Radical Acceptance – Tara Brach
43. The Mountain Is You – Brianna Wiest
44. Good Vibes, Good Life – Vex King

Mindset & Mental Shifts

45. Mindset – Carol S. Dweck
46. The Power of Now – Eckhart Tolle
47. A New Earth – Eckhart Tolle
48. The Untethered Soul – Michael A. Singer
49. Man's Search for Meaning – Viktor E. Frankl
50. The Gifts of Imperfection – Brené Brown
51. Rising Strong – Brené Brown
52. The Courage to Be Disliked – Ichiro Kishimi & Fumitake Koga
53. Daring Greatly – Brené Brown
54. The Happiness Advantage – Shawn Achor

100 Must-Read Personal Development Books

Resilience, Grit & Motivation

55. Can't Hurt Me – David Goggins
56. Never Finished – David Goggins
57. The Obstacle Is the Way – Ryan Holiday
58. Ego Is the Enemy – Ryan Holiday
59. Discipline Is Destiny – Ryan Holiday
60. Grit – Angela Duckworth
61. The War of Art – Steven Pressfield
62. Do the Work – Steven Pressfield
63. Turning Pro – Steven Pressfield

Modern Life Lessons & Straight Talk

64. The Subtle Art of Not Giving a F – Mark Manson
65. Everything Is Fcked: A Book About Hope – Mark Manson
66. You Are a Badass – Jen Sincero
67. Do It Scared – Ruth Soukup

Inspiration, Purpose & Spiritual Growth

68. The Four Agreements – Don Miguel Ruiz
69. The Fifth Agreement – Don Miguel Ruiz
70. The Mastery of Love – Don Miguel Ruiz
71. Big Magic – Elizabeth Gilbert
72. Eat Pray Love – Elizabeth Gilbert
73. Untamed – Glennon Doyle
74. Braving the Wilderness – Brené Brown
75. Dare to Lead – Brené Brown
76. The Book of Joy – Dalai Lama & Desmond Tutu
77. The Awakened Brain – Lisa Miller
78. The Magic – Rhonda Byrne

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Relationships & Emotional Wellbeing

79. The 5 Love Languages – Gary Chapman
80. Attached – Amir Levine & Rachel Heller
81. Set Boundaries, Find Peace – Nedra Glover Tawwab
82. Let Them – Mel Robbins
83. Drama Free – Nedra Glover Tawwab
84. It Didn't Start with You – Mark Wolynn
85. Hold Me Tight – Dr. Sue Johnson
86. Nonviolent Communication – Marshall Rosenberg
87. Difficult Conversations – Stone, Patton & Heen
88. Crucial Conversations – Patterson, Grenny, McMillan & Switzler
89. How to Win Friends and Influence People – Dale Carnegie
90. Stop Overthinking – Nick Trenton

Creativity, Work & Innovation

91. Steal Like an Artist – Austin Kleon
92. Show Your Work! – Austin Kleon
93. Keep Going – Austin Kleon
94. The Artist's Way – Julia Cameron
95. Originals – Adam Grant
96. Think Again – Adam Grant
97. Give and Take – Adam Grant
98. Leaders Eat Last – Simon Sinek
99. Start with Why – Simon Sinek
100. Find Your Why – Simon Sinek