

# Reflect on the past 12 months

DATE

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TIMELINE

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The most important goal I achieved:

THE NICEST THING(S) I DID TO SOMEONE:

EMOJI THAT  
DESCRIBES MY  
FEELINGS:

THE NICEST THING(S) SOMEONE DID TO ME:

The new skills I learned:





THE PEOPLE I SPENT MOST TIME WITH:

I'M GRATEFUL FOR:

*My favorite things...*

BOOK

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MOVIE

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TV SHOW

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SONG

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FOOD

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VACATION

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PARTY/EVENT

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HOBBY/EXERCISE

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PURCHASE

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The compliments I received:

*Other important things I want to remember:*