

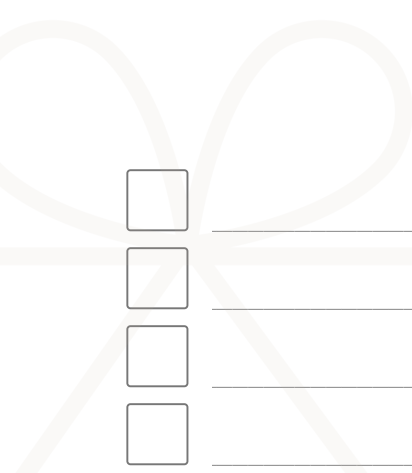
# SUMMER

## BUCKET LIST

- Pamper yourself with a pedicure
- Leave some feel-good notes around the house for others to find them
- Try food at a new food truck
- Build a sand castle
- Go to a drive-in theater
- Leave your phone at home
- Enjoy a pizza outdoors
- Swim in the ocean
- Go on a day-trip near by where you normally wouldn't go
- Feed ducks
- Mix your own cocktails or mocktails
- Take a long nap without feeling guilty about it
- Play Skip-Bo outside
- Meditate outdoors
- Toss a frisbee at the park
- Take yourself on a nice date
- Upgrade your plane experience
- Visit your own city/town like a tourist
- Squeeze some real lemonade
- Choose an ice cream flavor you haven't tried before
- Go mini golfing
- Create a self-care jar
- Enjoy a basil, tomato & mozzarella sandwich or salad
- Enjoy Italian ice or a sorbet
- Choose a planner to use in the fall
- Give yourself a Saturday gift
- Eat freshly picked strawberries
- Mix up some unicorn popcorn
- Write an inspiring message on the sand
- Binge-watch a Netflix show on a rainy day
- Try to win a prize at the carnival games
- Try to find the perfect rock and draw a happy face on it with chalk
- Visit the farmers' market
- Enjoy champagne on a picnic with some friends from a real glass
- Review your summer and set goals for the fall
- Buy a swimming float and use it
- Make the perfect summer play list

# SUMMER

## BUCKET LIST



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